



EMERGENCY TREATMENT INFORMATION
I have Adrenal Insufficiency and/or
an Endocrine Disorder

Adrenal Insufficient patients must be treated **IMMEDIATELY**

Time in **waiting** room or triage situation is **INAPPROPRIATE**
and potentially deadly.

TREATMENT STAT: SOLU-CORTEF® IV or IM

Adult 100 mg IV, IM Pediatric 2 mg/kg to a max of 100 mg

Symptoms listed may vary and not all may be present.

- My blood pressure may be *high or low
It may spike or drop suddenly
It may remain elevated due to coexisting conditions such as
Hypothyroid, Diabetes, or other hormone imbalances
Without the modulating effects of glucocorticoids and saline
fluids, this can result in cardiac arrest or stroke
- Headache / dizziness
- Tachycardia
- Lower back, stomach, or leg pain
- Vomiting / diarrhea
- Lethargy / listlessness
- Neurological deficits / Confusion
- Low blood sugar
- Seizures
- Cardiovascular collapse
- May present with shock-like symptoms

*Increased morbidity and hospital admissions in patients with
adrenal insufficiency

<http://www.endocrine-abstracts.org/ea/0041/ea0041gp16.htm>

Adrenal Insufficiency Coalition and Adrenal Insufficiency United,
working together to create change.

www.aiunited.org www.adrenalinsufficiency.org



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